

# BRIGHTON RESTAURANT GUIDE

Brighton's restaurants and bars change on a weekly basis, and any attempt to be exhaustive is doomed to failure. Of course you'll want to find your own way — and there are many extremely good restaurants not included here — but the following is a selection of places either consistently good, or new and promising...

## QUALITY FARE

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### • HAVANA

32 Duke Street, Brighton BN1 1AG, 01273 773388

A classy restaurant with bar in the heart of Brighton, with separate lunch and evening menus — and a great wine list.

### • LA FORCHETTE

101 Western Road, Brighton BN1 2AA, 01273 722556

Probably the best International-style restaurant in Brighton, with a menu that changes frequently. Very French.

### • REAL EATING

86/87 Western Road, Hove BN3 1JB, 01273 221444,  
[www.real-eating.co.uk](http://www.real-eating.co.uk)

Just at the top of the road (opposite Starbucks), a great restaurant using quality produce, and also a useful deli.

### • HOTEL DU VIN

2-6 Ship Street, Brighton BN1 1AD, 01273 718588

Excellent food in a bistro setting, in this upmarket hotel near the seafront. Good bar, too, with something like a zillion different kinds of bourbon.

### • DUE SOUTH

139 Kings Road Arches, Brighton Beach BN1 2FN, 01273 821218

Excellent and oft-changing made from local organic ingredients, and right on the beach too.

## ITALIAN STUFF

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### • AL FRESCO

The Milkmaid Pavilion, King's Road Arches, Brighton BN1 2LN,  
01273 206523

For a long time Al Fresco had one of the best locations in Brighton while providing edible but somewhat retro food. Now its menu has been kicked up several levels and they've added a new bar at beach level. Hard to beat on a summer evening.

### • ASK

58 Ship Street, Brighton, BN1 1AF, 01273 710030

A member of the small chain of restaurants providing quality pizza-pasta. Much better than Pizza Express.

### • ZIZZI

7-8 Prince Albert Street, Brighton BN1, 01273 323 273

A member of an even smaller chain of restaurants providing quality pizza-pasta... including calzone.

## SOLID GRUB

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### • BARNEYS

102-106 Western Road, Hove BN3 1FA, 0871 2071917

The best venue for watching the *belle monde* of Hove necking buckets of white wine of an afternoon — or for coffee on a winter morning — Barney's also provides a solid menu including good Sunday lunches. Has free wifi. Good with kids.

### • HA HA

2-3 Pavilion Buildings, Brighton BN1 1EE, 01273 737080

Upmarket canteen-style food, very close to the Pavilion.

### • THE DORSET

28 North Road, Brighton BN1 1HF, 01273 605423

A relaxed pub/restaurant with good lunch and breakfasts, perfect for a stop-off while in the North Laines.

### • DIG IN THE RIBS

47 Preston Street, Brighton, 01273 325275

Brighton's best Tex-Mex (and Golden Margaritas too). The fajitas and jambalaya are as good as you're going to find this side of the Atlantic — and the refried beans do actually taste like refried beans. Seems to be in a slight decline at the moment, however... so you could try...

### • MAMMA CHERRI'S

2-3 Little East Street, Brighton BN1 1HT, 01273 325305

... still riding a PR high after featuring on *Ramsey's Kitchen Nightmares*. The down-home soul food here genuinely is good, but be sure to book, and the service (though friendly) can be slow...

### • WAI KIKA MOO KAU

11a Kensington Gardens, Brighton, 01273 671117

A friendly vegetarian restaurant in the North Laines, with large portions of food that even a carnivore can happily throw down.

### • THE MEETING PLACE

The Promenade, at the Peace Statue

A great place to sit near the beach and watch seagulls and roller-bladers throughout the day.

## INTERNATIONAL FLAVOURS

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### • MOSHI MOSHI

Bartholomew Square, Brighton BN1 1JS, 01273 719195

An excellent sushi, tempura and bento place in the South Lanes, tucked behind the Thistle Hotel. Beats Yo-Sushi hands down on freshness.

### • MELATI

Corner of Western Road & Lansdowne Place, Hove BN3 1FG,  
01273 775565

An excellent Thai/Indonesian/Malaysian place at the top of the road, offering very fresh-tasting far-Eastern dishes.

• **PINXTO PEOPLE**

95-99 Western Road, Brighton BN1 2LB, 01273 723323, pinxtopeople.co.uk

This is great fun, a Basque take on tapas with an intriguing selection of sangrias. A cosy coffee bar feel during the day, lively and candle-lit in the evening. It's pronounced 'pinch-o'. Stupendous service.

• **MASCARA**

101 Western Road, Brighton, 01273 278185, www.mascara-brighton.com

Great and upmarket North African food in a friendly setting. We didn't actually like cous cous or tagine much until we had it here. There's belly-dancing and drumming some nights, so be warned, but even that's a lot more fun than it sounds.

• **CHINA GARDEN**

88-91 Preston Street, Brighton BN1 2HG, 01273 325124

Not necessarily Brighton's best Chinese, but it's decent and has a good wine list and a setting looking at the sea. Tends to be a nest of people in suits during convention season, however...

• **PRESTON STREET IN GENERAL**

If you fancy a wander and aren't sure what you want, a stroll down Preston Street is a good bet. Italian, Japanese, American, Chinese, Indian, Lebanese, two steak houses, a couple of pubs and bars...

**FISH OF THE SEA**

• **THE REGENCY**

131 Kings Road, Brighton, 01273 325014

A Brighton institution with a great view, situated opposite the remains of the West Pier. Things that swim and ruminates, simply cooked. Gets very busy in the summer.

• **ENGLISH'S**

29-31 East Street, Brighton BN1, 01273 327980

An upmarket (if old-fashioned) restaurant in the heart of the South Lanes, with a very wide selection of fresh fish dishes.

• **LA FORCHETTE**

101 Western Road, Brighton BN1 2AA, 01273 722556

Yes, the same place as under 'Quality' — La Forchette offers a dedicated fish menu most nights.

If it's straightforward fish'n'chips you fancy, you're in the right place. BANKERS on Western Road is supposed to be very good, and there's lots of outlets along King's Road and the seafront itself. You can also get a fish supper at a couple of places on the Palace Pier, and near the Fishing Museum down on the seafront there's a few stalls during the day selling the traditional whelks/cockles/prawns and so on, along with a fresh fish shop (in season).

# BRIGHTON CENTRAL MAP

